

How many male and female players do we need for coed?

Sometimes we seem to have confusion regarding the number of men and women that can be on the field at any given time during an ASL coed game. In order to reduce that confusion, we are providing a handy little table below that tells you how many women can be on the field at any given time and how many men can be on the field at any given time. Each of these tables assumes that no one has been sent off for a red card, in which case your team plays short by the gender of the person sent off. If the person red carded is a substitute who was not in the game, it is irrelevant as to how the players on the field are counted, because nothing has changed on the field. While we attempt to make this as easy as humanly possible, we may yet have problems, so please show this to the referee if there is any dispute.

If your team has more than 6 men, meaning one is playing goalkeeper, the remaining men are allowed to stand on the sideline and act as “substitutes.” The game should not be canceled because your team has too many men. If your team has more than 6 women (assuming it has 5 men), the remaining women are also allowed to function in the role of “substitute.” Again, the game should not be canceled because you have too many women.

Please note that the goalkeeper may be either male or female. Excluding the goalkeeper, you may have a maximum of 5 men on the field. Excluding the goalkeeper, you may up to ten women on the field. FIFA Laws mandate that you may have no more than 11 players on the field.

If Your Team Has This Many Women Players	Then Your Team Can Have This Many Men Players	Resulting In This Many Total Players On the Field
1 woman	5 men + goalkeeper	7
2 women	5 men + goalkeeper	8
3 women	5 men + goalkeeper	9
4 women	5 men + goalkeeper	10
5 women	5 men + goalkeeper	11

If Your Team Has This Many Men Players	Then Your Team Can Have This Many Women Players	Resulting In This Many Total Players On the Field
1 man	10 women, including goalkeeper	11
2 men	9 women, including goalkeeper	11
3 men	8 women, including goalkeeper	11
4 men	7 women, including goalkeeper	11
5 men	6 women, including goalkeeper	11